

Alcohol Awareness Fact Sheet

Underage drinking is strongly associated with health and social problems among youth, including alcohol-impaired driving, physical fighting, poor school performance, sexual activity and smoking. Teen and preteen drug use may result in tragic consequences such as self-degradation, loss of control, and disruptive or anti-social behaviors.

-2013 Maryland Youth Risk Behavior Survey

20% MS and **57% HS** students in Montgomery County reported ever having had alcohol
7% MS and **33% HS** students in Montgomery County reported ever having used marijuana

Making the Connection

Many Voices for Smart Choices

A community alliance, convened and supported by the Collaboration Council, to prevent alcohol, tobacco and other drug use by Montgomery County youth.

The Montgomery County Alliance to Prevent Youth Substance Abuse, brings together many voices to help us ALL make smarter choices so our youth can build healthy, safe and successful lives free of substance abuse. Have your voice heard, join the conversation! The Alliance meets monthly to develop and guide strategies to help our community create conditions that promote youth substance abuse prevention.

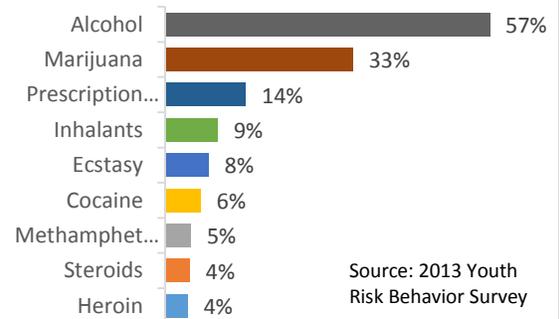
To learn more go to:
manyvoicessmartchoices.org
 or email:
alicia.church@collaborationcouncil.org

This alliance is funded thanks to the generosity of the Montgomery County Department of Health and Human Services.

The Facts

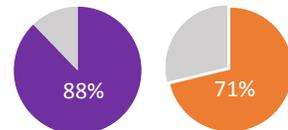
- Alcohol is the most commonly used and abused drug among youth.
- Females are more likely to use alcohol than males (though no difference when it comes to binge drinking).
- Non-Hispanic whites had higher rates of current alcohol use and binge drinking than other groups.
- Males are more likely to use other drugs.
- There was no difference by race for current use of marijuana.
- More ninth graders reported trying marijuana for the first time before age 13 than did 12th graders.

Percent of Montgomery County HS youth who ever used the following



Source: 2013 Youth Risk Behavior Survey

HS students are less likely to perceive parent disapproval of alcohol use than MS students



Prevention Resources

Local Resources

Keeping it SAFE:

Under Twenty-One Alcohol Prevention Coalition

infoMONTGOMERY.org

Local Resource Guide for Substance Abuse Prevention

Youth Voice

See what our youth are saying about underage drinking

National Resources

For Parents

Ask. Listen. Learn. Start a conversation

Talk. They Hear You. SAMHSA

Youth Resources

The Cool Spot

The young teen's place for info on alcohol and resisting peer pressure

SADD

Students Against Destructive Decisions

Too Smart to Start

General

Johns Hopkins, The Center on Alcohol Marketing and Youth

Foundation for Advancing Alcohol Responsibility

Stop Underage Drinking

Washington Regional Alcohol Program

National Institute on Alcohol Abuse and Alcoholism